



Nantyr News

JANUARY 2022



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Character attribute for the month of January:

Honesty - we behave in a sincere, trustworthy and truthful manner.

More information about character education can be found here: www.scdsb.on.ca/about/character_education.

Daily COVID-19 self-assessment

All students and staff are required to complete the daily COVID-19 self-assessment prior to entering SCDSB schools and buildings, using the provincial self-assessment tool. Students or staff with symptoms must stay home from school. To access the COVID-19 self-assessment tool, please visit <https://covid-19.ontario.ca/school-screening/>.

Updates to the School Screening Tool for the 2021-22 school year - International travel

Recently, the [COVID-19 school and childcare screening tool](#) was updated to reflect the return to school requirements for students who are returning from International travel. Individuals who are unvaccinated and returning from International travel may not attend school or childcare for 14 days upon their return. For further clarity, while unvaccinated children and those under the age of 12 are exempt from federal quarantine if they travelled with a fully vaccinated companion, they may not attend school or childcare for 14 days upon their return. Individuals with all other quarantine exemptions (e.g. travelling for cross-border custody arrangements, travelling for medical treatment) may continue to attend school or childcare.

Considerations prior to travelling this winter

Is your family thinking of travelling this winter? Here are some things to consider before you make the arrangements:

Learn about travel advisories related to COVID-19 where you are headed, before leaving –

<https://bit.ly/3Czlk5I>

Be sure you understand how the Quarantine Act applies to travellers arriving back in Canada –

<https://bit.ly/3HAIOfT>

Students who have travelled outside of Canada must self-isolate for 14 days if they do not qualify for a federal quarantine travel exemption. Your child's ability to return to school after travel outside of Canada will depend on whether they are fully vaccinated. If they are fully vaccinated, they may be exempt from federal quarantine. If they are not fully vaccinated, they are not to attend school/childcare for 14 days, even if they travelled with a vaccinated companion.

Interested in learning more about IEPs and school-based assessments? Join us for a virtual special education outreach session:

In 2022, the Simcoe County District School Board (SCDSB) is hosting virtual special education outreach sessions to assist parents/guardians in learning more about programs, supports and ways that we work together to support students with special education needs.

On January 13th, join us for the first session, 'IEPs and school-based assessments – information for parents/guardians.' This virtual presentation will run from 6:30 to 7:30 p.m. and will include opportunities for participants to share their questions regarding IEPs and school-based assessments.

For more information and to register visit: https://www.scdsb.on.ca/elementary/special_education.

Join us! A learning series for parents/guardians

Mental health and well-being continues to be a key strategic priority within the SCDSB. We are pleased to announce a new three-year partnership with Pine River Institute (PRI). The Centre for Family Initiatives at Pine River Institute (CFI@PRI) will provide several multi-part learning series focused on student mental health and well-being to SCDSB families, staff and within the SCDSB's broader school communities.

There are three upcoming webinars in the learning series specifically planned for parents and guardians during this school year.

Jan. 25, 2022 Understanding and Managing Screen Time

March 29, 2022 Connection and Empathy in Response to Behaviour

May 19, 2022 Understanding Addiction and Addictive Behaviours

We hope you save these dates in your calendar and join us for these learning opportunities. For more information and to register, please visit the mental health and well-being page on the SCDSB website: <https://bit.ly/3jGaC74>.

Pine River Institute is a live-in treatment centre and outdoor leadership experience for youth aged 13 to 19 struggling with addictive behaviours and often other mental health issues. Combining therapy with a fully-accredited education program, PRI reinforces the healthy life skills required for a successful future. CFI@PRI extends PRI's knowledge, experience and evidence-informed treatment approach to families and care providers in the community to support youth mental wellness and prevent the need for more intensive interventions. Learn more about PRI by visiting their website at www.pineriverinstitute.com.

Inclement Weather and Bus Cancellation Information Reminder



All information regarding cancelled buses in Simcoe County is posted on the Simcoe County Student Transportation Consortium (SCSTC)'s bus information website at www.simcoecountyschoolbus.ca. Our school is in the **Central zone**. When buses are cancelled, schools remain open for student learning, unless otherwise noted. School staff are expected to plan for such emergencies in order to transition students who are unable to attend due to inclement weather, to their online platforms (Google Classroom and/or SCDSBhub [Brightspace by D2L]) and continue with academic programming. It is always a family decision whether or not it is safe for their child(ren) to leave for school under severe weather conditions.

The Consortium and bus operators try to make the decision to cancel school buses before 6 a.m. and make every effort to post announcements before 7 a.m. Inclement weather cancellations are effective for the whole day and buses cancelled in the morning will not run at the end of the day. You can follow the Consortium on Twitter [@SCSTC_SchoolBus](https://twitter.com/SCSTC_SchoolBus) for bus cancellations and other information. You can also subscribe to receive bus delay notifications here: <https://scstc.ca/Subscriptions/Login.aspx>.

Is it Time for Your Child to Have a Dental Check-Up? Let Us Help!

The Oral Health Team at the Simcoe Muskoka District Health Unit is now available to provide a variety of dental health services for children and youth aged 0–17 at our various clinic locations. We can provide dental screenings, answer questions and guide you through the dental options that are available for your child through Healthy Smiles Ontario. If you don't have a dentist, we can provide you with options of dental offices that can help.



This is your personal invitation to contact us to discuss your child's dental needs and to ensure their dental concerns are addressed. For more information, contact the Simcoe Muskoka District Health Unit: Monday to Friday, 8:30 a.m. to 4:30 p.m. at 705-721-7520 or toll free at 1-877-721-7520, ext. 5867.

Mental Health Support at Nantyr

We recognize the importance of mental health and well-being and are thinking of all our families and students during this time of change and uncertainty. Students are encouraged to reach out to someone at school if they are feeling overwhelmed or discouraged.

Their guidance counsellor, student success teacher, special education teacher or classroom teacher can help. We also have the option to refer to mental health services at Nantyr, which includes a School Social Worker and various community partners. Supports are available virtually while schools are closed.

Community Mental Health Resources

24 hour mental health crisis line 1-888-893-8333 or 705-728-5044

Canadian Mental Health Association 1-800-461-4319

Kids Help Phone 1-800-668-6868

Kinark 1-888-454-6275

Mobile Crisis Line 1-888-893-8333 or 1-855-310 COPE (2673)

Newpath Youth and Family Services 705-725-7656

Access the 211 directory by phone (dial 2-1-1) or at www.211ontario.ca for information on community resources related to a specific concern.

Bell Let's Talk Day- January 26, 2022

Bell Let's Talk Day is January 26th!

On this day, Bell will donate funds towards mental health initiatives in Canada by contributing 5¢ for every applicable text, call, tweet or TikTok video using #BellLetsTalk, social media video view and use of their Facebook frame or Snapchat lens. (Let'sstalk.bell.ca)

Keep an eye on @wetheshores on Instagram leading up to the 26th for videos, mental health supports and contests.

Guidance Department Update

Online Option Sheet

Students will be selecting their courses for the 2022/2023 school year during the first and second week of semester two. Course selections take place online (computer time at school will be available for those that require it). Option sheets are due by February 25, 2022.

Students will submit their course choices **electronically** using the online option sheet found on the school web site nss.scdsb.on.ca under the department, guidance, course selection, 'pick you courses now' button.

Login User Name: Same as computer network username

Password: Same as computer network password

Graduating Students and Parents

The equal consideration dates for University and College applications were January 13th and February 1st respectively.

Students who will meet their graduation requirements are still encouraged to apply at either www.ouac.on.ca (university) or www.ontariocolleges.ca (college).

Students Taking Night School or Independent Learning Credits

Students taking courses other than regular day school and are applying to college or university need to inform Guidance of the credits ASAP. Counsellors must manually change an applicant's status with OUAC or OCAS; not doing so may jeopardize acceptance to a program.

Semester 2 timetable Changes

Students wanting to make changes to their semester 2 schedule should do so ASAP. This can be done by completing the Google Form that was emailed to all students (check your school email), or by emailing your guidance counselor directly.

Counsellor	Student Alpha	Request a Guidance Appointment - Click link	Email
Ms. Kalbfleisch	A - F	https://nssguidancekalbfleisch.youcanbook.me	akalbfleisch@scdsb.on.ca
Ms. Weymark	G - N	https://nssguidanceweymark.youcanbook.me	nweymark@scdsb.on.ca
Ms. Shaw	O - Z	https://nssguidanceshaw.youcanbook.me	jshaw@scdsb.on.ca

Drive our dogs to school

COPE service dogs
www.copedogs.org
705-734-COPE (2673)

unleashing potential

We'll supply the van and you bring your volunteer spirit.
Learn more.

CANINES
IN THE CLASSROOM

Email info@copedogs.org or visit www.copedogs.org

Raise this puppy and the hopes of the entire community. "Raven" is being trained by Nantyr students in COPE's Canines in the Classroom, but she needs a Foster Home to care for her until she starts her career as a service dog. Learn more about this volunteer opportunity that you've been waiting for: <https://bit.ly/3mzZtGs>

Jane Boake,
Founder, COPE Service Dogs and Canines in the Classroom
Teacher, Nantyr Shores Secondary School



IMPORTANT DATES TO REMEMBER:

January 19 to January 31, 2022	Gr. 9 Math EQAO
January 28, 2022	Last Day of Week A Classes
January 31, 2022	Last Day of Week B Classes
February 3, 2022	Semester 2 Begins
February 14, 2022	Semester 1 Report Cards
February 21, 2022	Family Day (holiday)
March 14 – 18, 2022	March Break