



# Nantyr News

## November 2020



1146 Anna Maria Avenue  
 Innisfil, Ontario L9S 4X5  
 Phone: (705) 431-5950  
 Email: [nantyrshores@scdsb.on.ca](mailto:nantyrshores@scdsb.on.ca)

**Principal:**  
 Liselle Prickett: [lprickett@scdsb.on.ca](mailto:lprickett@scdsb.on.ca)  
**Vice-Principals:**  
 Anne Tervit: [atervit@scdsb.on.ca](mailto:atervit@scdsb.on.ca)  
 Jeremy Oxley: [joxley@scdsb.on.ca](mailto:joxley@scdsb.on.ca)

**CHECK OUT OUR WEBSITE AT:** <http://nss.scdsb.on.ca/>

### Character Attribute for the month of November

Courage - we do the right thing even when it's difficult.

More information about character education can be found here: [www.scdsb.on.ca/about/character\\_education](http://www.scdsb.on.ca/about/character_education)

### Days of awareness and recognition taking place in November

Throughout the year, there are many awareness days that focus on different causes and recognition. The Simcoe County District School Board has developed a list of these days as a guide for schools. Schools may participate in recognizing some or all of these days in various ways. This list is not exhaustive. Following are the days of awareness and recognition that the SCDSB will recognize during the month of November:

<b>November</b>	Financial Literacy Month
<b>November</b>	Movember
<b>Nov. 1-7</b>	Canadian Down Syndrome Week
<b>Nov. 2-6</b>	Treaties Recognition Week
<b>Nov. 11</b>	Remembrance Day
<b>Nov. 13</b>	World Kindness Day
<b>Nov. 15-21</b>	Bullying Awareness Week
<b>Nov. 20</b>	Trans Day of Remembrance

### November PA Day

Please note that Friday, Nov. 20 is a PA day for all secondary and elementary SCDSB students, both Learn@Home and in school. Please refer to the 2020-2021 School Year Calendar on the SCDSB website for more information: [www.scdsb.on.ca/elementary/planning\\_for\\_school/school\\_year\\_calendar](http://www.scdsb.on.ca/elementary/planning_for_school/school_year_calendar).

## **Free Mental Health Supports Available**

Nantyr Shores School Social Worker – Natasha Stasiuk is a Registered Social Worker available to provide individual counselling to students around social, emotional, mental health concerns impacting academic success. Natasha also assists with making referrals to services in the community if it is determined that another service would be better suited to the student's or family's needs. If a student would like to access counselling, the process is typically to meet with a guidance staff to request support. Students may also reach out directly to Natasha via email [nstasiuk@scdsb.on.ca](mailto:nstasiuk@scdsb.on.ca) to request support. Natasha is also available to provide consultation to parents around supporting their child's mental health needs. Virtual support, including telephone and video counselling, are both currently options for students involved in remote learning.

Simcoe County Child and Youth Crisis Services – Kinark Child and Family Services. This program supports any child or youth under the age of 18 experiencing a social, emotional or behavioural crisis (mental health crisis, aggression, self-harm, suicide). Family members and concerned adults struggling to respond to the needs of a youth in their care may call for support. Hours: Monday to Friday 9am to 9pm & Saturday and Sunday 9am to 5pm. After hours leave a message and the call will be prioritized the next business day. 1 844 417 1945.

Newpath Youth and Family Services - Currently offering services for children, youth and their families in-person, by phone and online. Professional counsellors are waiting and ready to speak to you. Call 705-725-7656 or 1-866-566-7656 and a counsellor will contact you to book an appointment. If you are a current client, please call your counsellor to book your next appointment.

Canadian Mental Health Association York Region – Offers a variety of mental health supports via telephone, including one on one counselling to individuals ages twelve and older. Call the intake line to request support at 1-866-345-0183.



## **Post-Secondary Planning for Potential Graduates**

Guidance counsellors delivered presentations in all Grade 12 homeroom classes that discussed diploma requirements, researching college, apprenticeship and university options, scholarship opportunities and financial planning for post-secondary education. All potential graduates were encouraged to join our **'Triton Graduating Class of 2021' google classroom**. Parents are also welcome to join this classroom using the classroom code of **'briqr34'**.

Guidance has also been meeting one-on-one with each potential graduate to go over graduation requirements, post-secondary options, application deadlines, scholarship opportunities and OSAP information. Students book their graduation check through the google classroom. Please do this ASAP so that you don't miss out on timely information!

## **Researching College, University, Apprenticeship & Workplace Options**

Parents and students are encouraged to consult the following websites to help with post-secondary planning (resources can be found on the google classroom):

Programs and entrance requirements for Ontario colleges: [www.ontariocolleges.ca](http://www.ontariocolleges.ca)

Programs and entrance requirements for Ontario universities: [www.ontariouniversitiesinfo.ca](http://www.ontariouniversitiesinfo.ca).

Information about Apprenticeships and the skilled trades: [www.oyap.com](http://www.oyap.com) and [www.apprenticesearch.com](http://www.apprenticesearch.com)

Exploring workplace opportunities: <http://www.barriecareercentre.com>

Want to learn more about careers that match with your interests and abilities? Explore all that [www.myblueprint.ca/simcoe](http://www.myblueprint.ca/simcoe) has to offer! Click "log in with school account", students then enter their school login and password, then give MyBlueprint's "Who am I" surveys a try, or explore options under the "post-secondary" menu.

## **Scholarships, Bursaries and Financial Planning for Post-Secondary Education**

It is never too early to start your scholarship search! Students are encouraged to visit the following websites to create profiles and be matched with scholarships / bursaries:

<https://yconic.com/> <https://www.scholarshipscanada.com/> <https://scholartree.ca>

[www.schoolfinder.com](http://www.schoolfinder.com) [www.studentscholarships.org](http://www.studentscholarships.org) <https://grantme.ca>

In addition, further scholarship and bursary opportunities arrive in the guidance office regularly. These will be advertised during daily school announcements, on the google classroom, through school email and also on the @NantyrGuidance Twitter feed.

**OSAP** stands for Ontario Student Assistance Program. It is a combination of grant and loan from the Ontario government. It's too early to apply for next year, however, you can visit <http://osap.gov.on.ca> to find out more information and to get a free ESTIMATE now of how much you may be eligible for.

### **Grade 8 Students who will be Tritons next year**

Is your child starting Grade 9 next year? Transition activities will look different this year but we will do our best to help you child transition well to high school. The first step is to join our 'Nantyr Graduating Class 2025' google classroom using the code 'fynvnup'. This classroom is currently under construction, but eventually, everything that you need to know about grade 9 at Nantyr will be available in this classroom. Check it out!

Here is a link to a document to help you and your child with the transition from elementary school to high school.

[https://www.scdsb.on.ca/UserFiles/Servers/Server\\_210898/File/Secondary/All-About-High-School.pdf](https://www.scdsb.on.ca/UserFiles/Servers/Server_210898/File/Secondary/All-About-High-School.pdf)

**Nantyr students, please don't forget to bring back your textbooks and library books from last year. We are still missing a lot of books that went home before the lockdown and have not yet come back. We would love to have them returned to the school as soon as possible. Please give any books you find to your classroom teacher**

### **COVID-19 self-assessment**

All students and staff will be expected to self-screen prior to attending school each day, using a self-assessment tool provided by the SMDHU. Students or staff with symptoms must stay home from school. To access the COVID-19 self-assessment tool, please visit the [SMDHU website](#).

### **Secondary Exams**

The Ministry of Education recognizes the need for flexibility in our teaching and learning practices during a pandemic. As such, it has provided school boards with the option to adjust the evaluation process for the 2020-2021 school year.

In order to adapt to the current circumstances and the variety of learning environments, the Simcoe County District School Board has decided to remove examinations for secondary students as one means of assessment. Educators will continue to assess student achievement and final marks will be based on completion of course content, curriculum and culminating activities.

The previously scheduled examination days will now be regular instructional days. [The school year calendar](#) has been revised to reflect this change.

**All IEPs are completed and were sent electronically to parent emails.**

Special Education Resource Teachers (SERTs) at Nantyr Shores

Name	Title	Extension/Voicemail & Email
Jennifer Brownlee	Department Leader	ext. 40297 jbrownlee@scdsb.on.ca
Heather Birch	Life Skills teacher and SERT	voicemail 56121 hbirch@scdsb.on.ca
Jane Boake	COPE teacher	ext. 40361 jboake@scdsb.on.ca
Chris DeConto	Math teacher and SERT	voicemail 56139 cdeconto@scdsb.on.ca
Meagan Dolbear	Science teacher and SERT	voicemail 57748 mdolbear@scdsb.on.ca
Jack Ecker	Life Skills teacher	jecker@scdsb.on.ca
Blair Klinck	Learning Centre teacher and SERT	voicemail 56159 bklinck@scdsb.on.ca
Amber Lewis	French teacher and SERT	voicemail 55642 alewis@scdsb.on.ca

## Royal Canadian Legion poppy campaign

The SCDSB has a time-honoured relationship with our local Royal Canadian Legions through the annual poetry and poster competitions and the annual poppy campaign. For the 2020-2021 year, it is our intention to once again support the poppy campaign. Due to the health and safety protocols in place, we will not be collecting donations from students. Instead, schools are asked to work with their school councils to make a suitable donation through school generated funds. Families interested in making their own donations can do so by visiting the Royal Canadian Legion's poppy campaign at [www.legion.ca/remembrance/the-poppy](http://www.legion.ca/remembrance/the-poppy).

## Keeping kids healthy and active

[National health guidelines](#) recommend that children and youth (aged 5-17) have high levels of physical activity, low levels of sedentary behavior and sufficient sleep each day for a balanced lifestyle. Here are three easy tips to help your kids stay healthy and active:

**Get more sleep** – Getting the [recommended hours of sleep](#) each night can go a long way in ensuring everyone in your family has the proper energy to take on the next day. More sleep means better ability to get moving and think more clearly!

**Practice relaxation** – Mental health is just as important as physical health. Now more than ever, we are realizing the important connection between the mind and body in our overall wellbeing. Providing yourself and your kids with a small amount of relaxation or 'time out' every day – even just 15 minutes – can improve your health dramatically. Try doing a [virtual family yoga class](#) to reduce stress and clear the mind!

**Get active together** – When you are active with your kids, it sends them an important message about healthy living. Get out for a walk, play outside or do a [family workout](#) from the comfort of your home. It is always more fun to exercise with a buddy!

Looking for ways to keep your children active and healthy while in a remote learning environment? YGym offers free virtual physical activities from YMCA certified fitness instructors for children of varying ages and abilities. Visit [YMCAHome.ca/YGym](http://YMCAHome.ca/YGym) for free virtual physical activities for children and youth, anywhere, anytime!

*Information provided by the YMCA of Simcoe/Muskoka*

## Inclement weather and bus cancellation information reminder

All information regarding cancelled buses in Simcoe County is posted on the Simcoe County Student Transportation Consortium (SCSTC)'s bus information website at [www.simcoecountyschoolbus.ca](http://www.simcoecountyschoolbus.ca). Our school is in the central zone. When buses are cancelled, schools remain open for student learning, unless otherwise noted. It is always a family decision whether or not it is safe for their child(ren) to leave for school under severe weather conditions.

The Consortium and bus operators try to make the decision to cancel school buses before 6 a.m. and make every effort to post announcements before 7 a.m. Inclement weather cancellations are effective for the whole day and buses cancelled in the morning will not run at the end of the day. You can follow the Consortium on Twitter [@SCSTC\\_SchoolBus](#) for bus cancellations and other information. You can also subscribe to receive bus delay notifications here: <https://scstc.ca/Subscriptions/Login.aspx>

## mPower: supporting your child's math learning

Are you looking for a way to provide extra math practice for your child at home, in a fun and engaging format? [TVO mPower](#) is a free digital tool that includes 65+ online games to support the mastery of tough-to-learn math concepts.

TVO mPower's goals are:

1. To provide Ontario students with opportunities to practice important math skills and to foster positive attitudes towards math by making learning fun and engaging
2. To show students that math is everywhere by connecting math games to the big ideas in science and social studies

To support students to develop 21<sup>st</sup> century global competencies by integrating skills such as met-acognition, problem solving, creativity and citizenship

TVO mPower is:

1. Ontario curriculum-based: Aligns with the Ontario mathematics, science and technology and social studies curricula while also supporting the development of global competencies
2. Learner-centered: Tracks student progress and responds to learners' needs
3. Assessment-driven: Includes teacher dashboard and educator resources
4. Tested and trusted: Developed in partnership with Ontario educators and students
5. Free: Always free for Ontario students and educators - and now for Ontario families
6. Safe and advertising-free

Available for desktop and laptop computers and iPad tablets

Visit [tvompower.com](http://tvompower.com) for more information.

Nantyr Spirit Wear is now online! Please go to <https://nantyrshoressecondary.entripyshops.com/> to view our official online shopping portal for Nantyr Shores Secondary School. You can browse a wide selection of products from a variety of brands that you can then customize with the approved logos and graphics found on the site. Display your pride in fantastic apparel customized entirely by you! The site will let students, parents, fans and staff choose from approved merchandise to fit your needs 24/7 with no minimum order quantities.

## Treaties Recognition Week takes place Nov. 2 to 6

Did you know we are ALL treaty people? Treaties Recognition Week is the first week of November every year - this year it is Nov. 2 to 6. Treaties Recognition Week was introduced in 2016 to honour the importance of treaties and to help Ontarians learn more about treaty rights and treaty relationships. Take some time this week to learn about the treaty in your area. To learn more about the treaties and how we can honour them, visit [www.ontario.ca/page/treaties](http://www.ontario.ca/page/treaties).

## Important Dates Coming Up

<b>Quadmester Two</b>	<b>November 13, 2020 — February 2, 2021</b>
<b>PA Day</b>	<b>November 20</b>
<b>Winter Break</b>	<b>December 21, 2020– January 1, 2021</b>
<b>PA Days</b>	<b>February 3, 2021</b>
<b>Quadmester Three</b>	<b>February 4, 2021— April 21, 2021</b>