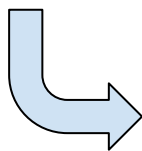


Final Exams: Study Strategies for SUCCESS!

***Review STUDY TECHNIQUES:**



SQ3R

Survey – get the best overall picture of what you’re going to study before you start

Question – ask questions to reinforce your own learning

Read – actively read over the material! Highlight main ideas, bolded terms, & key concepts

Recite – recall and communicate the information orally or in writing – make

Memorization Techniques:

Create Acrostics → ie. ROY G BIV

Create Acronyms → ie. BEDMAS

Create a story that includes key words/concepts

Other Review Options:

Condense class notes into point form

Create cue cards

Teach someone else the key exam concepts

| Period 1: | Period 2: | Period 3: | Period 4: |
|--|--|--|--|
| <p><i>Check when complete:</i></p> <ul style="list-style-type: none"> o I have the exam review sheet o I have all class notes o I have entered times to study for subject on my study schedule o I know when my exam is o I have the materials I need for day of exam | <p><i>Check when complete:</i></p> <ul style="list-style-type: none"> o I have the exam review sheet o I have all class notes o I have entered times to study for subject on my study schedule o I know when my exam is o I have the materials I need for day of exam | <p><i>Check when complete:</i></p> <ul style="list-style-type: none"> o I have the exam review sheet o I have all class notes o I have entered times to study for subject on my study schedule o I know when my exam is o I have the materials I need for day of exam | <p><i>Check when complete:</i></p> <ul style="list-style-type: none"> o I have the exam review sheet o I have all class notes o I have entered times to study for subject on my study schedule o I know when my exam is o I have the materials I need for day of exam |

***Figure out your learning style and study using the strategies that work BEST for YOU!**

General Tips and Helpful Hints

- ★ Food is important - don't study hungry! Make healthy choices and be sure to eat before exams!
- ★ Aim for 8 hours of sleep each night. Remember that *when* you go to bed is as important as how much sleep you get for optimal brain functioning. Aim for lights out at 10pm!
- ★ Study no more than 45-60 minutes at one time.
- ★ Take short breaks (10 minutes) that include exercise to optimize memory and understanding.
- ★ LIMIT DISTRACTIONS! This means turning *off* your phone and social media. Ask your family not to disturb you unless it is an emergency.
- ★ On the day of an exam, do yourself a favour - don't talk to your friends about exam prep. This can cause undue stress!
- ★ Admit to yourself that you likely WILL NOT know everything on the exam – **that is OKAY!**

Evaluation Schedule - Write YOUR EXAM info

***All exams will be in regularly scheduled classrooms**

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|---|
| <p align="center">*VERY IMPORTANT INFO!*</p> <p>1) Double check date, time & location of exam 2) Arrive EARLY (at least 10 mins) 3) Bring all necessary tools (pen/pencil/calculator, etc.) 4) Use of all OTHER ELECTRONIC devices is PROHIBITED! 5) Bring textbook/other course material to be returned to teachers!</p> | | <p>15</p> <p>5-day Moratorium begins; no tests, no term evaluations, etc. This time is for consolidation of course work and for review/preparations for exams</p> | <p>16</p> <p>Moratorium Period 1 ONLY In-class assessment</p> | <p>17</p> <p>Moratorium Period 2 ONLY In-class assessment</p> |
| <p>20</p> <p>Moratorium Period 3 ONLY In-class assessment</p> | <p>21</p> <p>Moratorium Period 4 ONLY In-class assessment</p> | <p>22</p> <p>Last day of Moratorium</p> | <p>23</p> <p>Final Exam Period 1 - _____ 8:30 am</p> | <p>24</p> <p>Final Exam Period 2 - _____ 8:30 am</p> |
| <p>27</p> <p>Final Exam Period 3 - _____ 8:30 am</p> | <p>28</p> <p>Final Exam Period 4 - _____ 8:30 am</p> | <p>29</p> <p>Conflict Day</p> | <p>30</p> <p>PA DAY</p> | <p>31</p> <p>PA DAY</p> |

NANTYR SHORES SECONDARY SCHOOL - FINAL EVALUATION RESPONSIBILITIES FOR STUDENTS

- It is the student's responsibility to read the evaluation timetable carefully and to be at the correct evaluation room ten minutes before the appointed time.
- Late for Evaluation Policy
 - LATE - Less than 15 min - Student goes directly to their evaluation room and gets what time is remaining.
 - LATE - 15 min to 1 hr - Student comes to the main office. The reason is discussed with VP. Either the remaining (existing) time or extended time is written on the evaluation.

LATE more than 1 HOUR - Evaluation mark will be "0."
- Missed Evaluations - If a student misses an evaluation due to:
 - illness - medical note is required
 - bereavement - immediate family
 - other - approved by the administration. The mark for the course may be based on term work or a "make-up evaluation". All other students missing evaluations will receive an evaluation mark of "0".
- The use of any device that has the ability to communicate or recall data in any form is prohibited. Students attempting to use such devices for any reason during the evaluation will be deemed to be cheating and will receive a mark of "0" on that evaluation.
- No outdoor clothing, paper or books, etc. are to be taken into the evaluation room except by instruction of the subject teacher.
- During the evaluation schedule, students are required to be in school at the time when their evaluations are being written. In general, a student should study at home when not required to write. If this is not possible, the cafeteria will be available for independent quiet study during the evaluation schedule. Extra help may be arranged with your teacher.
- Students are expected to be in the evaluation room, cafeteria, or out of the school building during evaluations. The halls must be kept clear and quiet.
- When students leave the evaluation room they are asked to leave the halls quickly and quietly. Remember that other students are still writing evaluations.
- Regardless of the length of the evaluation, students must remain in the evaluation room for at least the 1st hour of the evaluation.
- Academic dishonesty will not be tolerated. The Principal or Vice-Principal will remove the student(s) from the evaluation room and the student will be subject to disciplinary actions. This will include a mark of "0", in addition to notification to parents / guardians and / or suspension from school.
- Disruptive behaviour will not be tolerated and will be subject to the same conditions as academic dishonesty.